

## Medication Reminders

### Things to Remember for Your First Appointment

Certain medications can affect the results of your skin testing. **Antihistamines, cold remedies, allergy medications, and certain stomach medications** need to be stopped **72 hours** prior to your appointment.

It is important that you continue to take *all* medications you are taking for asthma.

Wear short sleeves, and **DO NOT** wear lotions or powders on your upper arms the day of testing. Deodorants can be worn.

Please bring your completed health history form to your appointment if you did not complete online.

Allow at least 2 hours for your first appointment.

The following is a list of some common antihistamine products. If you are taking a medication that includes any of these ingredients, it must be stopped **72 hours** prior to your appointment.

**Please be aware that this is only a partial listing. Most “cold”, “sinus” and “allergy” medications should be stopped 72 hours before your appointment.**

Actifed	Clarinet (5 days)	Pataday Eye Drops
Alavert/Alavert D	Claritin/Claritin D	Patanase
Allegra/Allegra D	Dimetapp	Patanol Eye Drops
Alka-Seltzer Plus	Diphenhydramine	Pepcid
Atarax	Doxepin	Periactin
Antivert	Doxylamine Succinate	Phenergan
Atrohist	Dramamine	Polaramine
Astelin Nasal Spray	Drixoral	Ranitidine
Astepro Nasal Spray	Entex LA	Robitussin PM Cough & Cold
Axid	Fexofenadine	Tagamet
Azelastine Eye Drops	Hydroxyzine	Tavist
Benadryl	Levocetirizine	Tylenol PM
Bromfed	Loratadine	Vicks Nyquil
Cetirizine	Meclizine	Xyzal
Chlortrimeton	Optivar Eye Drops	Zantac
Cimetidine	Palgic D & DS Syrup	Zyrtec/Zyrtec D

**If you have any questions about stopping your medication, feel free to call our office at 612-338-3333 or your pharmacist for advice.**