

ALLERGY & ASTHMA

S P E C I A L I S T S, P A.

Appointment Confirmation and Medication Reminders

Your appointment is on _____ at _____ with
Dr. _____

825 Nicollet Mall, Suite 1149, Minneapolis, MN 55402 (612) 338-3333

2805 Campus Drive, Suite 415, Plymouth, MN 55441 (763) 559-3252
(Please take East elevator on your left when entering through the main entrance)

9825 Hospital Drive, Suite LL 11, Maple Grove, MN 55369 (763) 420-3800

PLEASE NOTIFY US 72 HOURS IN ADVANCE
IF CANCELLATION OR RESCHEDULING IS NECESSARY

Things To Remember For Your First Appointment

- Certain medications can affect the results of your skin testing. **Antihistamines, cold remedies, allergy medications, and certain stomach medications** need to be stopped **72 hours** prior to your appointment.
- It is important that you continue to take *all* medications you are taking for asthma.
- Wear short sleeves, and **DO NOT** wear lotions or powders on your upper arms the day of testing. Deodorants can be worn.
- Please bring your completed health history form to your appointment.
- Allow at least 2 hours for your first appointment.

The following is a list of some common antihistamine products. If you are taking a medication that includes any of these ingredients, it must be stopped **72 hours** prior to your appointment.

Please be aware that this is only a partial listing.

Actifed	Clarinet (5 days)	Patanase
Alavert/Alavert D	Claritin/Claritin D	Patanol Eye Drops
Allegra/Allegra D	Dimetapp	Pepcid
Alka-Seltzer Plus	Diphenhydromine	Periactin
Atarax	Doxepin	Phenergan
Antivert	Doxylamine Succinate	Polaramine
Atrohist	Dramamine	Ranitidine
Astelin Nasal Spray	Drixoral	Robitussin PM Cough & Cold
Astepro Nasal Spray	Entex LA	Tagamet
Axid	Fexofenadine	Tavist
Benadryl	Hydroxyzine	Tylenol PM
Bromfed	Loratadine	Vicks Nyquil
Cetirizine	Meclizine	Xyzal
Chlortrimeton	Palgic D & DS Syrup	Zantac
Cimetidine		Zyrtec/Zyrtec D

If you have any questions about stopping your medication, feel free to call our office or your pharmacist for advice.

Minneapolis, Plymouth, Maple Grove

Administrative Office: 825 Nicollet Mall, Suite 1149 Minneapolis, Minnesota 55402 Telephone: (612) 338-3333 Fax: (612) 349-3838

*Diplomates American Board
of Allergy and Immunology*

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