

ALLERGY & ASTHMA

S P E C I A L I S T S, P A.

Appointment Confirmation and Medication Reminders

Your appointment is on _____ at _____ with

Dr. _____

825 Nicollet Mall, Suite 1149, Minneapolis, MN 55402 (612) 338-3333
2805 Campus Drive, Suite 415, Plymouth, MN 55441 (763) 559-3252
(Please take East elevator on your left when entering through the main entrance)
7300 France Avenue South, Suite 204, Edina, MN 55435 (952) 926-7630

**PLEASE NOTIFY US 72 HOURS IN ADVANCE
IF CANCELLATION OR RESCHEDULING IS NECESSARY**

Things To Remember For Your First Appointment

- Certain medications can affect the results of your skin testing. **Antihistamines, cold remedies, allergy medications, and certain stomach medications** need to be stopped **72 hours** prior to your appointment.
- It is important that you continue to take all medications you are taking for asthma.
- Wear short sleeves, and **DO NOT** wear lotions or powders on your upper arms the day of testing. Deodorants can be worn.
- Please bring your completed health history form to your appointment.
- Allow at least 2 hours for your first appointment.

The following is a list of some common antihistamine products. If you are taking a medication that includes any of these ingredients, it must be stopped **72 hours** prior to your appointment.

Please be aware that this is only a partial listing. Most “cold”, “sinus”, “allergy” and over the counter sleep medications should be stopped 72 hours before your appointment.

Actifed	Cimetidine	Pataday Eye Drops
Advil PM	Clarinet (5 days)	Patanase
Alavert/Alavert D	Claritin/Claritin D	Patanol Eye Drops
Alaway	Dimetapp	Pepcid
Allegra/Allegra D	Diphenhydramine	Periactin
Alka-Seltzer Plus	Doxepin	Phenergan
Atarax	Doxylamine Succinate	Polaramine
Antivert	Dramamine	Ranitidine
Atrohist	Drixoral	Robitussin PM Cough & Cold
Astelin Nasal Spray	Dymista Nasal Srya	Tagamet
Astepro Nasal Spray	Entex LA	Tavist
Axid	Fexofenadine	Tylenol PM
Azelastine Eye Drops	Hydroxyzine	Unisom
Azelastine Nasal Spray	Levocetirizine	Vicks Nyquil
Benadryl	Loratadine	Xyzal
Bepreve	Meclizine	Zaditor Eye Drops
Bromfed	NyQuil products	Zantac
Cetirizine	Optivar Eye Drops	Zyrtec/Zyrtec D
Chlortrimeton	Palgic D & DS Syrup	

If you have any questions about stopping your medication, feel free to call our office or your pharmacist for advice.

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*Diplomates American Board
of Allergy and Immunology*

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