

ALLERGY & ASTHMA

S P E C I A L I S T S , P A .

Appointment Confirmation

Your appointment is on _____ at _____ with
Dr. _____

825 Nicollet Mall, Suite 1149, Minneapolis, MN 55402 (612) 338-3333

2805 Campus Drive, Suite 415, Plymouth, MN 55441 (763) 559-3252
(Please take elevator bank B: on your left when entering through the main entrance)

North Memorial Medical Office Building
9825 Hospital Drive, Suite LL11, Maple Grove, MN 55369 (763) 420-3800

*Diplomates American Board
of Allergy and Immunology*

Harold B. Kaiser, M.D.

Philip C. Halverson, M.D.

Gary D. Berman, M.D.

Allan Stillerman, M.D.

Richard P. Bransford, M.D.

Hemalini Mehta, M.D.

Mary Anne Elder, C.N.P.

Mary Ellen Schaefer
Administrator

**PLEASE NOTIFY US 72 HOURS IN ADVANCE
IF CANCELLATION OR RESCHEDULING IS NECESSARY**

Things To Remember For Your First Appointment

- Certain medications can affect the results of your skin testing. **Antihistamines, cold remedies, allergy medications, and certain stomach medications** need to be stopped **72 hours** prior to your appointment.
- It is important that you continue to take *all* medications you are taking for asthma.
- Wear short sleeves, and **DO NOT** wear lotions or powders on your upper arms the day of testing. Deodorants can be worn.
- Please bring your completed health history form to your appointment.
- Allow at least 2 hours for your first appointment.

The following is a list of some common antihistamine products. If you are taking a medication that includes any of these ingredients, it must be stopped **72 hours** prior to your appointment.

Please be aware that this is only a partial listing.

| | | |
|---------------------|----------------------|----------------------------|
| Actifed | Clarinet (5 days) | Patanol Eye Drops |
| Alavert/Alavert D | Claritin/Claritin D | Pepcid |
| Allegra/Allegra D | Dimetapp | Periactin |
| Alka-Seltzer Plus | Diphenhydramide | Phenergan |
| Atarax | Doxepin | Polaramine |
| Antivert | Doxylamine Succinate | Ranitidine |
| Atrohist | Drixoral | Robitussin PM Cough & Cold |
| Astelin Nasal Spray | Dramamine | Tagamet |
| Axid | Entex LA | Tavist |
| Benadryl | Fexofenadine | Tylenol PM |
| Bromfed | Hydroxyzine | Vicks Nyquil |
| Cetirizine | Loratadine | Xyzal |
| Chlorpheniramine | Meclizine | Zantac |
| Chlortrimeton | Nolamine | Zyrtec/Zyrtec D |
| Cimetidine | Palgic D & DS Syrup | |

If you have any questions about stopping your medication, feel free to call our office or your pharmacist for advice.

Minneapolis, Plymouth, Maple Grove

Administrative Office: 825 Nicollet Mall, Suite 1149 Minneapolis, Minnesota 55402 Telephone: (612) 338-3333 Fax: (612) 349-3838